Piking Club  CEDAR RAPIDS, 10WA  Stiff Ride - Route Directions (see map on back)	Miles	Total Miles
Cedar Rapids to Ely		
From the parking lot of the New Shack Tavern, go left/west onto Old River Road, SW towards Ely Road, SW	0.1	0.1
Turn left onto Ely Road, SW. Go 0.8 mile, and turn right to access the Cedar River Trail. You will be at the T intersection with Navajo Ave SW.	0.8	0.9
Turn left onto the Cedar River Trail and follow it into the town of Ely.	5.2	6.1
When the trail ends in Ely, turn right onto Dows street. Look for Odie's Bar on the left side of Dows Street.	0.1	6.5
Ely to Sutliff		
From Odie's bar, go west 1.5 blocks on Dows street, (the opposite way you arrived), to State Street/Ely Road.	0.1	6.6
Turn left/south onto State Street/Ely Road.	3.7	10.3
Turn left/east onto 140 <sup>th</sup> Street NE/County Road F-12. Look for the Beer Oasis along this stretch of road.	8.6	18.9
Turn right onto the bike trail that will take you over the Sutliff Bridge into the town of Sutliff. Look for the yellow route arrows to know when to turn.	0.1	19.0
Sutliff to Cedar Rapids		
Take the bike trail out of Sutliff the same way you arrived. If you don't want to ride the Shueyville Loop, just return on the same route back to The New Shack Tavern.	19.0	38.0
Sutliff to Shueyville Loop		
From the Sutliff bike trail, turn left/west onto 140 <sup>th</sup> Street NE, and head back the way you came.	8.6	27.6
Turn right/north onto Ely Road/County Road W6E.	1.5	29.1
Turn left/west onto 120th Street NE/County Road F-12.	4.3	33.4
Turn right/north onto Club Road. You will ride thru the town of Shueyville. Stop at Shueys bar, (right side of the road), for a beer.	2.9	36.3
Turn right/east onto Wright Brothers Blvd/County Road E70	2.4	38.7
Turn left/north onto the Cedar River Trail	4.5	43.2
Look for the yellow route arrows to know when to exit the Cedar River Trail on your right.	0.0	43.2
Turn left onto Ely Road, SW	0.8	44.0
Turn right onto Old River Road, SW to return to The New Shack Tavern.	0.1	44.1

If you survive, come again.

